

# WHERE **SUSTAINABILITY** FLOWS.

## Sustainable Menus, Made Simple

At Niagara Falls Convention Centre, we're committed to making sustainable choices easier — for both our clients and the planet. That's why we've partnered with Eco-Friendly Events to utilize Klimato, a trusted third-party service, to assign **carbon emissions ratings** to our sustainable menu items.

- ✓ **Make informed food choices**
- ✓ **Lower your event's carbon footprint**
- ✓ **Support a healthier, more sustainable future**

The best part? **Sustainable menu items are priced in-line with our standard menu**, so aligning with your values doesn't mean stretching your budget. And it **doesn't have to be all or nothing** — even one lower-impact meal, like a sustainable breakfast or lunch, can make a meaningful difference.

## Smart Choices, Streamlined

We know event planning comes with a lot of moving parts — selecting sustainable catering shouldn't be another hurdle.

### THAT'S WHY WE'VE:

Crafted delicious menu options aligned with the sustainability goals of NFCC

Labeled each menu item with Klimato's easy-to-understand carbon scores

Eliminated the need for research or guesswork on your part

## Celebrate & Share Your Impact

At the conclusion of your event, we'll provide:



**A personalized sustainability certificate**, with a summary of your event's lowered carbon impact.



**A sharable asset to showcase your leadership**, ideal for stakeholders, attendees, and social channels

**Klimato** uses a *five-tiered rating system* to evaluate the climate impact of food servings.



VERY LOW  
IMPACT



LOW  
IMPACT



MEDIUM  
IMPACT



HIGH  
IMPACT



VERY HIGH  
IMPACT



LEARN  
MORE

**A-E rating shows the carbon impact based on the carbon footprint of a standard 400g meal.**

By making sustainable menu choices, you elevate your event's impact and strengthen your brand's commitment to a cleaner, greener future.

To learn more, contact an Account Director:

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Niagara Falls Convention Centre | Catering Menu



# MENU OPTIONS

## Sustainable Plated Breakfast

-31%\*

**Ontario Poached Egg on English Muffin** (B)  
Stewed Koornneef Tomato Jam,  
Caramelized Onion-Potato Hash,  
Cassoulet Stuffed Cremini Mushroom (S)

### Table Baskets (B)

Croissants, Carrot-Quinoa Muffins, Quick Breads (S)

## Sustainable Plated Lunch

-38%\*

**Fresh Baked Rolls** (B)  
With Ontario Creamery Butter (S)

**Local Vision Greens** (B)  
Ontario Hot House Giardiniera,  
Whipped Upper Canada Comfort Cream (S)  
(SOURCED FROM WITHIN 33KM)

### Choose 1 of 3

**Rotolo alla Ricotta** (C)  
Fresh Wheatley Tomato Sauce, Blistered  
Koornneef Tomato, Seriously Greens Basil Oil,  
Udderway Ovega Negra (S)  
(SOURCED FROM WITHIN 75KM)

OR

**Salt Roasted Onion** (B)  
Ohme Farm Oca Potato, Fresh Niagara  
Mushrooms, Nantes Carrots, Fresh Acres  
Cannellini Beans (S) (V)  
(SOURCED FROM WITHIN 50KM)

OR

**Chef's Seasonal Risotto** (B)  
Possibilities that change with the seasons:  
Fresh Niagara Mushrooms, Escarpment  
Fiddleheads, Slow Roasted Carrots, Wine  
Poached Beets, Summer Fresh Peas (S) (V)  
(SOURCED FROM WITHIN 33KM)

**Ontario Silken Tofu** (B)  
Berry Mousse, Cherry Lane Preserve,  
Grimo Farm Hazelnut Brittle (S)  
(SOURCED FROM WITHIN 33KM)

\*% less kg CO<sub>2</sub>e on average than our standard menu options.

## Sustainable 4-Course Plated Dinner

-92%\*

**Fresh Baked Rolls** (B)  
With Ontario Creamery Butter (S)

**Cookstown Carrot Bisque** (B)  
Jordan Station Ginger, Niagara Ramp Oil (S) (V)

**Cookstown Roasted Beet Salad** (B)  
Monforte Dairy Fresh Goat Cheese,  
Grimo Farms Black Walnuts (S) (V)

**Shawarma Spiced Cauliflower** (A)  
Pickled Fennel & Onion, Bread & Butter Pickles,  
Chickpea Hummus, Mustard Greens (S)

**Seabuckthorn Meringue Tart** (C)  
Fennel Pollen, Genoise Sponge,  
Stewed Niagara Harvest Stonefruits (S)

Our sustainable menu is primarily plant-based to reduce environmental impact. Locally sourced meat options are available upon request.

(S) Gluten Free

(V) Vegan

(S) Vegetarian

All orders require a min. of 50 guests.

## What is the climate impact of *your* meal?

1 KG CO<sub>2</sub>e  
IS THE SAME AS...  
CHARGING YOUR  
PHONE 365 TIMES